



***Jelajah***  
**Bijak Wang**  
2023/2024

**PROSPER TODAY,  
THRIVE TOMORROW**

# Collaborators- AKPK-LIAM-University Putra Malaysia (UPM)



## Programme Description

This programme aims to create awareness among learners regarding the significance of managing a good life through multiple dimensions of wellness. The journey of learning begins with realising good Emotional and Physical health as the most significant wealth to a person. These two dimensions are interrelated with the ability to manage a person's Financial wellness. Additionally, positive Intellectual and Occupational dimensions also contribute

to a person's financial growth. Following that, Social and Environmental wellness are other significant dimensions to improve work productivity and are inter-linked with the quality of life, the people surrounding you and the environment. In preparation of facing future challenges and crisis, it is important to have a Protection plan as a resilient effort for future security. Protection enables agility of facing financial stress and sustain a person's well-being.

## Learning Outcomes

At the end of the course, students will be able to:



Recognise current financial positions and existing commitments (**KNOWLEDGE**);



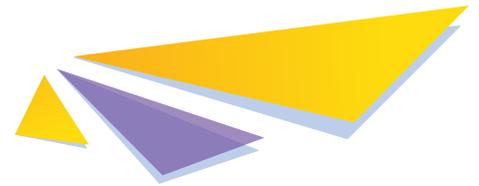
Evaluate various financial decisions as a means to face future challenges (**KNOWLEDGE**);



Implement good financial management to ensure there is no financial burden (**BEHAVIOUR**);



Practice good financial behaviour (**ATTITUDE**).





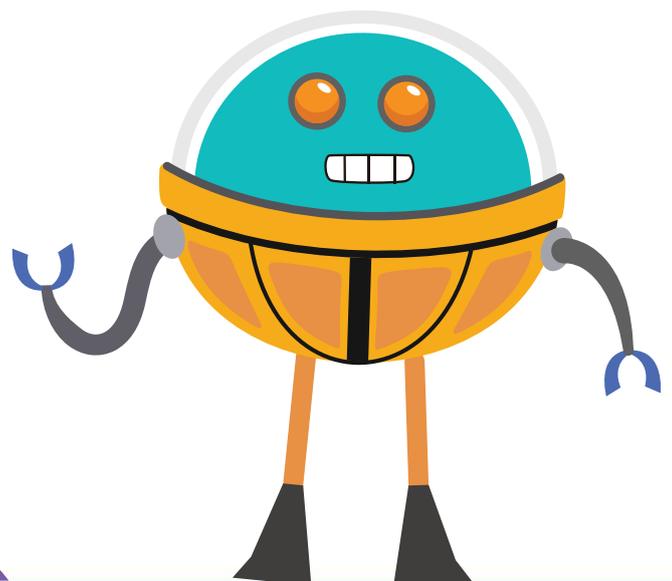
# *Gelajah* **Bijak Wang**

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Do join us for this exciting journey.  
**A total of RM18,900 cash prizes are up for grabs !!!**

For further enquiries you may contact,  
Puan Noor Aziera at 013-292 2004 or  
Ms Cathylieen Anthony at 012-424 1940.



# Programme Flow

## Phase 1

### LET'S BEGIN :

October – December 2023

Briefings will be conducted at selected universities.

Duration: **3 Hours**

## Topics

Mind Transformation  
Cash Flow Management  
Financial Protection

Briefing on Online gamification

## Phase 2

December – January 2024

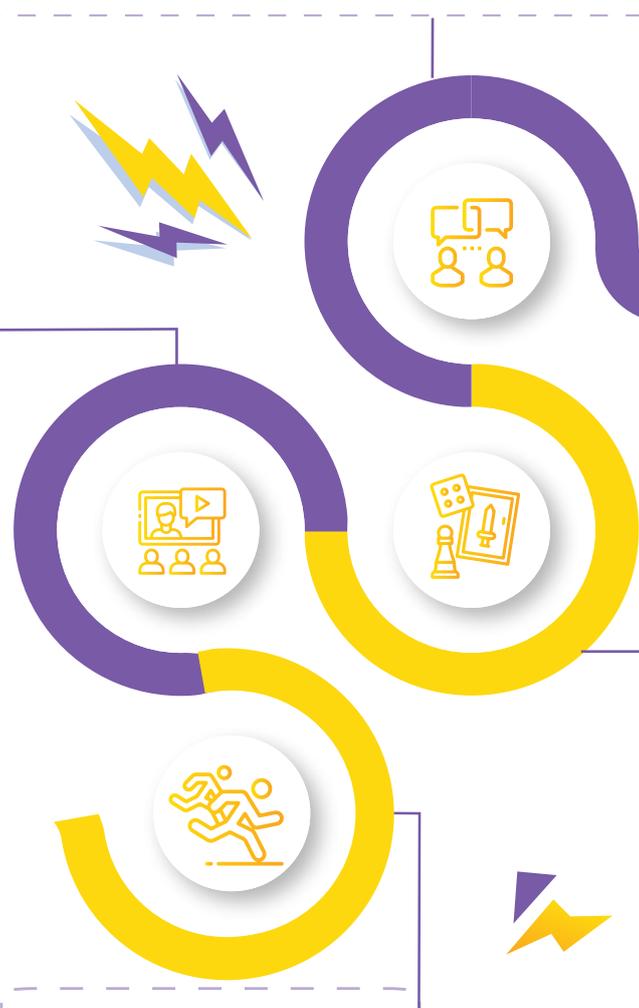
### ONLINE GAMIFICATION

App: Gametize

Group Activity: 5 per team

Students will go through the gamification adventure with Mat Awang, completing challenges encompassing the (7) seven Dimensions of Wellness:

1. **Emotional**
2. **Physical**
3. **Financial**
4. **Intellectual**
5. **Occupational**
6. **Social**
7. **Environmental**



## Phase 3

December - January 2023

### ONLINE LEARNING

Platform: **AKPK POWER Portal**

Topic:  
Cash flow  
Borrowing basics  
Wealth management

## Phase 4

### FINAL DESTINATION

February 2024

### GRAND FINALE TREASURE HUNT

**50 best group (250 students)** will be selected through assessment from Gametize Apps to join the Final Challenge – Treasure Hunt

**60% will be from the learning and 40% will be from the Treasure Hunt**

Proposed location at UPM.

### PRIZE GIVING CEREMONY

Champion – RM 5,000  
1st Runner up – RM3,000  
2nd Runner up – RM1,000

4th - 10th - RM700 x 7  
consolation prizes

11th - 20th - RM500 x 10  
consolation prizes

Certification of participation will be given to all students.



## LIAM MEMBERS

